



# **Nirmala Memorial Foundation College of Commerce and Science**

**Permanently Affiliated to University of Mumbai  
Accredited by NAAC, ISO 9001-2015 Certified  
Recognised under section 2(f) & 12(B) of the UGC Act 1956**

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D.S. Road, Asha Nagar, Thakur Complex, Kandivali (East), Mumbai – 400 101. Tel.: 022 69436400

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## 3.4

# Extension Activities



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## 3.4.1

Outcomes of Extension activities in the neighbourhood community in terms of impact and sensitizing the students to social issues for their holistic development during the last five years

**3.4.1. Extension activities are carried out in the neighbourhood community, sensitizing students to social issues, for their holistic development and impact thereof during the last five years.**

The college had started NSS Unit from the academic year 2010 – 11. Since then the NSS has 1 unit i.e. 100 volunteers. Also, from 2019 – 20 DLLE (Department of Lifelong Learning and Extension) was introduced. The WDC (Women Development Cell) and Natures Club committee is formed to carry out women empowerment activities and environmentally friendly initiatives.

**NSS has 5 Area based Projects:**

**1. Sneha Aadhar (Sakshyam and Vidhya Arpan)**

The NSS unit of the college has adopted a slum area (Poisar) for conducting social activities.

- In Vidhya Arpan, a group of 6-7 volunteers visit Poisar on a daily basis and teach children. Volunteers are engaged in teaching them Basic English, calculations, General Knowledge, Current affairs, etc.
- Sakshyam was started with the intention of empowering the women of Poisar. Thus, a technique of paper bags was taught to ladies and they were asked to make paper bags. Later, NSS volunteers would sell those bags and give the money to ladies.

**2. Nirmal Sagar:** Beach cleaning activity is carried out on a regular basis by NSS volunteers.

**3. Aarogya Seva:**

- Every year Blood Donation camp is organized.
- The Stem cell Registry is maintained in collaboration with MDRI.
- Medical check up camps are organized in underprivileged areas and villages.
- Dental Checkup and eye checkup camp is organized in villages.
- Assisting BMC during Polio Immunization drives.

**4. Waste Management(E- waste, Plastic waste, Organic waste)**

- The college has a tie up with THRECO for recycling E-waste. The volunteers are engaged in collecting E – waste and the same is handed over to the recycling company.
- The volunteers collect and give plastic waste to the Bisleri Company for recycling. The complete record is maintained in the “Bottles for Change” app.
- A Globble bin is purchased and daily NSS volunteers collect organic waste from the canteen and put it in the bin. At the end of the month the dumped waste is dried and converted into compost.

#### 5. **Prakruti Mitra:**

- With the objective of protecting and safeguarding the environment “Prakruti Mitra” was initiated and following activities were carried out:
  - i. Tree plantation
  - ii. Awareness skits on adopting an eco–friendly lifestyle.
  - iii. Wall Painting
  - iv. Organising cleanliness drives.

#### 6. The NSS unit has adopted a village (Belwadi) at Palghar to carry out following activities:

- Soak pit and Bandara were built for villagers.
- Tailoring training for SHGs.
- Setting up of library and toy library
- Performing skits and conducting awareness campaign

#### 7. DLLE wing carries out social activities and encourages the women entrepreneurs and small traders to upgrade their business.

- A sales counter for handicraft products made by Adivasi women was set up.
- A women survey was conducted to know the status of women.
- The stalls of various NGOs were put up for sale of their products.

#### 8. A “SNEHA MILAN” exhibition cum sale was organised for displaying and selling the products made by Specially Abled People. Around 20 NGOs and social organisations were part of the exhibition. It provided a platform for organisations to market and sell their products.

- Our Mission is to ensure a holistic development of students through excelling in education delivery and activities that make students responsible citizens. The extension activities as listed below, have made students aware of the need for conserving the environment, maintaining hygiene and good health practices, caring through sharing and donating and uplifting rural areas. Faculty members encourage our students to participate in extension activities